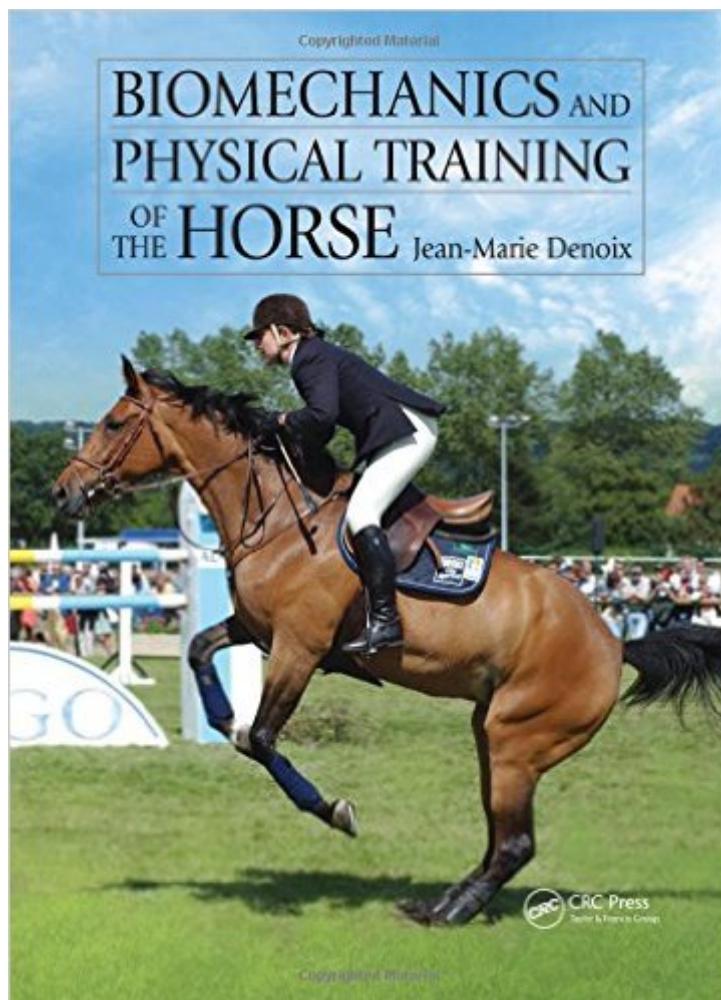


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# Biomechanics And Physical Training Of The Horse



## **Synopsis**

Effective horse trainers strive to improve the performance of their horses while preserving the integrity of the musculoskeletal apparatus. Biomechanics and Physical Training of the Horse supplies an anatomical and functional overview of the topic, enabling trainers to optimize the different exercises their horses undergo during training and competition. Following a brief description of the biomechanics of the muscles underlying equine movement, the book discusses the muscles of the forelimb, hindlimb, and neck and trunk. These fundamentals have direct bearing on the later chapters, which focus on training and the core exercises for a horse. This text is illustrated throughout by the author's top-quality photographs, diagrams, and his own beautiful anatomical drawings. The book is of lasting value to all professionals and well-informed amateurs who work with horses: veterinarians, trainers and riders, researchers, physical therapists, and educators in equine courses.

## **Book Information**

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## **Customer Reviews**

Great discussion and images of how the horse moves. Recommended for veterinarians and veterinary students as well as trainers and riders

Awesome

Very helpful in determining the usefulness and bio-mechanical benefits/drawbacks to certain

movements and exercises. Great description and illustrations. Should be in the library of every person interested in understanding the physiological basis of why they use certain exercises in the training of their horse.

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